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PRESS RELEASE

FOR IMMEDIATE RELEASE

Date: 17th February 2026

NORTHERN TRUST WELCOMES THE BELONGING DOJO CIC TO BROOK HOUSE, TIPTON

Northern Trust Company Ltd is pleased to announce the letting of Suite 2 at Brook House, Tipton, to The Belonging Dojo CIC, a community-led organisation dedicated to helping people rebuild after trauma, burnout and workplace harm.

Founder and Director, **Kerry Tidman**, has taken the 106 sq ft office suite on a three-year lease agreement, marking an important milestone in the organisation's continued growth and impact across the Black Country.

The Belonging Dojo CIC centres its work on belonging, identity and psychological safety — creating spaces where individuals can reconnect with who they are, heal from what they have experienced and feel safe to grow again. Through therapy, coaching and inclusive training programmes, the organisation supports both individuals and businesses to create cultures rooted in care, inclusion and genuine wellbeing.

The Belonging Dojo CIC secured its premises at Brook House in October 2025, funded independently by Founder and Director Kerry Tidman. In February 2026, the organisation was awarded £20,000 from The National Lottery Community Fund and £10,000 from the National Deaf Children's Society. This funding will support the growth of the CIC's work across the Black Country, enabling the delivery of low-cost and funded services for Deaf, disabled and neurodivergent individuals and families.

Kerry Tidman, Founder and Director of The Belonging Dojo CIC, commented: *"Securing our new office at Brook House is more than just finding a workspace — it's about creating a safe, welcoming environment where people can feel seen, heard and valued. As a Deaf and disabled founder, I know how powerful it is to have a place where you truly belong. This space allows us to deepen our impact across the Black Country and continue building a more compassionate and inclusive business community."*

Brook House is a standalone two-storey office building comprising 36 individual office suites totalling 5,920 sq ft. The property offers a range of office accommodation from 105 sq ft up to 429 sq ft, suitable for one to three-person occupiers, with the ability to combine suites to

create larger floor areas subject to availability. Occupiers benefit from communal kitchen facilities and meeting room provision.

The property forms part of the popular Brook Street Business Centre in Tipton, located approximately 10 miles north west of Birmingham.

Caroline Jones, Regional Property Manager at Northern Trust's Midlands office, added: *"We are delighted to welcome The Belonging Dojo CIC to Brook House. It is fantastic to see a community-focused organisation choosing to grow within our portfolio, particularly one delivering such meaningful support across the region. Brook House continues to attract a diverse range of businesses, and we look forward to supporting Kerry and her team over the coming years."*

For more information on The Belonging Dojo CIC, visit <https://thebelongingdojo.co.uk/>.

For further details on available space at Brook House or to arrange a viewing, please contact the Northern Trust Midlands office on **01543 478900** or email midlands@northerntrust.co.uk.

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Notes to Editors:

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Northern Trust is a family-owned private company, established in 1962, with a successful track record in property investment, development and strategic land promotion.

The existing property portfolio extends to 9 million sq ft of industrial, trade counter and office parks, together with more than 4,500 acres of land throughout the UK, with circa 1,500 acres currently being promoted through the planning process for mixed use development.

The Industrial and Office portfolio contains more than 4,000 individual units with industrial unit sizes ranging from as little as 285 sq ft up to c 50,000 sq ft and office suites from as little as 1 person upwards. Premises are situated in over 200 separate locations and the portfolio extends from the South Midlands to the central belt of Scotland. Through recent acquisitions and new development over 500,000 sq ft has been added to the portfolio within the last 2 years. The portfolio is actively managed by Northern Trust's Regional Teams with offices in the North West, North East, Yorkshire, Midlands and Scotland.

New and existing customers looking for industrial and office accommodation can search the NTProperties.co.uk website.

In addition, the development team has project managed the construction of circa 4 million sq ft of commercial space in 50 locations with over 600,000 sq ft currently on site or in the development pipeline.

The strategic land team at **Northern Trust** has secured planning for circa 4,500 new homes over the last 2 years and has current projects covering more than 60 sites with potential to bring forward more than 10,000 new homes. The company works closely with landowners, developers, local authorities and local communities to deliver development across the UK. Please see NTLand.co.uk website for further details.

Northern Trust has substantial funds available for new investment, development, and strategic land acquisitions throughout the UK. For more information please visit the website at www.northerntrust.co.uk